



BRAHMATAL TREK



www.himalayandaredevils.com



himalayandaredevils@gmail.com



+91-6398989097, 9557055210



LOCATION

UTTARAKHAND, INDIA



BEST TIME

DECEMBER - MARCH



DESIGNATION

BRAHMA TAL



TAKE A PHOTO

SUNRISE, SUNSET,
SNOW CAPED MOUNTAINS



DIFFICULTY

EASY TO MODERATE



HIGHEST ALTITUDE

12,200 ft



AVERAGE TEMPERATURE

DAY TIME: 0°C to +2°C
NIGHT TIME: -5°C to -10°C



BASE CAMP

LOHAJUNG



DURATION

6 DAYS & 5 NIGHTS



LAST ATM

RISHIKESH



TREK DISTANCE

24 KMS



Mt. Chaukhamba
(23,419 ft)

Mt. Balakun
(20,039 ft)

Mt. Kamet
(25,000 ft)

Mt. Abi Gamin
(24,131 ft)

Mt. Neelkanth
(21,640 ft)

Mt. Gauri Parvat
(22,000 ft)

Mt. Hathi Parbat
(22,070 ft)

Mt. Bethartoli
(20,840 ft)

Mt. Pangarchulla
(15,069 ft)

Mt. Ronti
(19,780 ft)

Mt. Nanda Ghunti
(20,699 ft)

Mt. Trishul
(23,360 ft)

Mt. Mrigthuni
(22,490 ft)

Brahmatal Summit
(11,570 ft)

Wan Village
(11,570 ft)

Roopkund

3km (3hrs)

Brahmatal Lake
(10,650 ft)

7km (7hrs)

Jhandi Top
(11,150 ft)

9km (6hrs)

Daldum
(9,350 ft)

4km (3hrs)

Bekaltal Lake
(9,850 ft)

6km (5hrs)

Lohajung
(7,700 ft)

250km (10hrs)-Drive

Way to Rishikesh/ Dehradun

- Trek route
- Road
- Distance/ Time
- Bekaltal/ Brahmatal Lake
- Peak
- Vallies
- Campsite
- Map not to scale

SHORT ITINERARY



DAY 1:

REACHING LOHAJUNG FROM RISHIKESH

DAY 2:

TREK FROM LOHAJUNG TO BROWN LAKE BEKALTAL

DAY 3:

TREK FROM BEKALTAL TO BRAHMATAL

DAY 4:

TREK FROM BRAHMATAL TO DALDUM VIA BRAHMATAL PASS

DAY 5:

DESCENDING TO LOHAJUNG

DAY 6:

RETURNING TO RISHIKESH





ITINERARY

DAY 1

Reaching Lohajung From Rishikesh

Altitude: 2,300 m/ 7,662 ft

Drive Distance: 250 km | Duration: 10 hrs

Stay: In a guesthouse

Route: Rishikesh - Devprayag - Srinagar - Rudraprayag - Karanprayag - Dewal - Lohajung

The journey commences at Rishikesh. Our representatives will pick you up from Rishikesh (Tapovan) at 6:00 AM and we will drive to Lohajung, the base village for our trek. Lohajung is located in the Chamoli district of Uttarakhand and is 250 km away from Rishikesh. It takes about 10-11 hours to reach the village. Transportation to Lohajung will be arranged by Trek The Himalayas in Tata Sumo or a similar vehicle. Reaching Lohajung you will check into the guesthouse.



From Rishikesh to Lohajung, you will drive across mountain roads, and on a clear day, you can see the Garhwal Himalayas in the distance. Drive along with a tranquil setting with the River Ganga keeping you company. Along the way, you will come across three of the five major holy confluences of the country; Devprayag, Rudraprayag, and Karanprayag. Devprayag sees the confluence of Alakananda and Bhagirathi River. You can see distinct turquoise and teal colors of two rivers merging together. Passing Srinagar, you will come across Rudraprayag, the confluence of Mandakini and Alakananda River, and about 33 kms from Rudraprayag lies the third confluence on your route, Karanprayag the confluence of Mandakini and Pindar River.

Lohajung brings you face to face with the majestic Nanda Ghunti peak. If we arrive before sunset, you can catch a beautiful sunset on the mountain peak, painting it in incredible hues. There's interesting folklore revolving around the naming of the village. The locals say that Goddess Parvati had a 'jung' (war in Hindi) with a demon named 'Lohasur' here and hence the naming of the village. Lohajung has a small market as well where you can purchase trek gear and essentials that might be valuable on your trek.

Lohajung is a high-altitude village so you can expect it to be cold, especially at night and it can also be rainy and foggy depending on the season. Pack appropriate clothing to help you adjust to the weather.





DAY 2

Trek From Lohajung To Brown Lake Bekaltal

Bekaltal: 3,000 m/ 9,950 ft

Trek Distance: 6 km | Duration: 4-5 hrs

Altitude Gain: 700m/2,150 ft

Difficulty: Moderate level of ascent through a forest

One-third of the trek is through a village and the rest is through the forest

Hot lunch at campsite

Water Source: Springs and manmade water sources Bekaltal is 15 minutes walk from the campsite

Take an evening walk to Bekalatal Lake and enjoy a sunset view

Stay: in tents (twin-sharing)



This is the first day of trekking and we will start from Lohajung to Bekaltal campsite. After a hearty breakfast, we will start towards Bekalatal and along the way, you will be greeted with mesmerizing views of Mt. Nanda Ghunti. Trekking to a coniferous forest of Oak and Firs, the trek concludes at the Bekalatal Campsite after 4 to 5 hours. You will stay overnight here in twin-sharing camps.

The trek to the Bekaltal campsite is 6 km long with a gradual incline. The paths are well-defined bite here and a short walk into the trail will lead you to the first mountain settlement, Mandoli. Mandoli village will be on your left as you tread along the trail. The trail keeps ascending gradually, twirling along the mountains, curving and bending along the way. You will be able to spot the Kali Valley, the meeting point of Kali and Pindari Rivers. After Mundoli, you will mostly walk to dense forests of Oak, Fir, and Cedar along with a distinguished amount of Rhododendron trees. The forest has a distinct woody scent. Late winter and early spring see the Rhodendron in bloom, adding blush to the beauty of the mountains. The trail remains blanketed in snow during the winter months.

2 hours into your trek, you will come across the next landmark, a 10 m long wooden bridge that runs over stream. You can ration water at this water source. Crossing the bridge you arrive at Begum, a scenic and tranquil resting point. Nanda Ghunti dominates the skyline here and one can get amazing mountain views from here as well the splendid sight of Navali & Bagdi Bugyal. 20 minutes of further walking brings you to Gujreni and you will spot two streams here. Some trekkers also prefer to camp at Gujreni, we will move a little further and camp beside Bekaltal. Gujreni is also a great spot for bird watching and you may spot Himalayan bird species like Asian Barred Owlet, Woodpeckers, Solitary Snipe, and Blue-fronted Redstart here.

You are now at the last part of today's trek. Trek for an hour and a half more and you will arrive at the grassy shores of Bekaltal. The lake is 15 minutes away from our campsite. Once the tents are set up, you can refresh and head to the lake in the evening. The Bekaltal Lake rests beautifully amidst an Oak forest and the still lake waters after the hike is a truly welcoming sight.

The Lake is surrounded by a dense cluster of Oak trees and the lake water remains brown all year round. The distinct brown color of the lake is due to a high amount of organic matter dissolved in the water. These organic matters stain the color of the water and it receives a brown undertone. Sometimes when the weather is a little chillier, a thin sheet of ice forms over the water. After watching a beautiful sunset from Bekaltal, head back to your camps where a delicious dinner awaits you at night. After dinner, sleep comfortably in your tent.



DAY 3

Trek From Bekaltal To Brahmatal

Brahmatal: 3,200 m/ 10,450 ft

Jhandi Top: 3,400 m/ 11,150 ft

Trek Distance: 7 km | Duration: 6 to 7 hrs

Altitude Gain: 400 m/ 1,300 ft

Steep ascent for 1.3 hours via Bekaltal followed by gradual ascent. A steep descent in the next section and the final leg has a gradual descent till the campsite.

Hot lunch provided at the campsite

Water Source: No water source on the way, so carry at least 2 liters of water from the campsite with you.

A very scenic day can see Shivalik and Greater Himalayas

Go for an evening walk to Brahmatal Lake, about 500m from the campsite.

Stay: in tents (twin-sharing basis)



It's a 7 km long trek today that will take you to Brahmatal. Traversing along forest trails you will arrive at Telindi top with the most enchanting views of the Himalayas and a further walk through the snow-covered meadows will take you to Brahmatal campsite. We will stay overnight in tents.

Start your day with a glorious sunrise view at Bekalatal and after a hot and savory breakfast at the campsite, get ready to trek towards Brahmatal Lake. It is a steep climb through covers of Oak and Rhododendrons, which slowly softens into a gradual ascent making the trek a little easier. The trail gradually descends until you reach the Brahmatal campsite. The initial steep ascent follows the dense forest cover as the Bekaltal Lake slowly retreats away. The canopy of the forest here is so dense that it barely allows any sunlight inside. The lake of sunlight in the region sometimes sustains patches of snow even during the early spring months. Walk for another hour and you will arrive at Telindi top, a viewpoint that offers expansive views of Mt. Trishul & Mt. Nanda Ghunti. Another kilometer from Telindi top is the Jhandi Top, a stunning vantage point that allows you to capture unobstructed views of the mountain ranges ahead. The wide-open skies and the mountain line in the distance are going to leave you awe-struck. You can also get a bird's eye view of the entire trail leading to Roopkund from here. Jhandi top is the highest point on the ridge and from here on it descends up to Brahmatal.

On reaching the campsite area, we will pitch the tents and you can go for a scenic walk by the Brahmatal Lake. Brahmatal Lake is 500 m away from the campsite. There's also folklore associated with Brahmatal Lake. It is believed that Brahmatal was the meditating place of Lord Brahma long ago and the Lake waters are dedicated to him and hence the naming of the Lake. Spending some time at the Lake, head back to the campsite area, and post-lunch retire in your tents. The night temperature can drop really low here, as low as -7 degrees C during the winter. So it is recommended that you dress warmly and appropriately according to the weather.



DAY 4

Trek From Brahmatal To Daldum via Brahmatal Pass

Daldum Altitude: 2,850 m/ 9,350 ft

Brahmatal Pass Altitude: 3,500 m/ 11,570 ft

Trek Distance: 12 km | Duration: 8 to 9 hrs.

Difficulty: Moderate ascent till Brahmatal Pass. After Pass, descend till Daldum Campsite via Jhandi Top.

Walk across Rhododendron and Oak forest.

Packed lunch at the summit

360-degree views from the summit

The First 180 degrees covers Chaukhamba, Mana, Mandir, Neelkanth, Nilgiri, Nanda Ghunti, Trishul, Maitoli all the way to the Panchachuli Ranges and the rest are the Shivalik Himalayan Ranges.

Water source: None. Carry at least two liters of water with you

Stay: in camps (twin-sharing) the solid blue of the clear skies.



Get ready to reach the highest point on your trek today, the Brahmatal Pass. We will trek to the pass and descend to our campsite in Daldum. Walking through a mountain ridge, it takes about 2.5 hours to reach Brahmatal Pass. The highest point on the Pass unfolds exotic views of snow covered mountains. Relishing the view, we will move towards the Daldum campsite.

Beginning with a steep ascent, you will arrive at the beautiful Brahmatal Lake 20 minutes into the trek. The Lake is settled beautifully amidst a clearing that remains steeped in snow during the winter months. Beyond the lake, the trail continues to ascend gradually merging with the ridge. Passing through Chota Jhandidar and Bada Jhandidar, you will walk along a magnificent ridge that slopes on either side. During winters, the ridge is covered with snow and our team will provide microspikes and gaiters depending on the conditions of the snow. It takes about two and a half hours to reach the peak and astonishing views of mountains welcome you on the top. It is a grand spectacle of various mountain peaks including Chaukhamba, Neelkanth, Nanda Ghunti, Kamet, Trishul, and Hathi Ghoda Parvat. It feels as if you are watching the mountain ranges on a theatre screen, it is such a surreal sight.

From this point, it is a downward trek to Daldum, which takes about 3 hours. The trail slowly retires into the valley below. This part of the trek is also covered with a forest of Oak and Rhododendrons. At the Daldum campsite, you will enjoy a delectable dinner before you retire in your tents.



DAY 5

Descending To Lohajung

Lohajung Altitude: 2,350 m/ 7,700 ft

Trek Distance: 4 km | Duration: 3 to 4 hrs

Altitude Loss: 500 m/ 1,650 ft

Gradual and steep mixed ascent

Walking stick and knee cap will help a lot

Water source: One water source along the way

Stay: In a guesthouse



From Daldum take the trail on the left to reach Lohajung. It's a short trek of 4 km and takes about 3 to 4 hrs. The descent to Lohajung takes place along a well-marked trail crossing a few streams and again through the forest cover of Oak and Rhododendron that you came along. It's the same path that you came in initially. Crossing the forest cover, you will come across a group of shepherd's huts used by locals to keep their livestock. Follow the stone-paved path from here, this path connects the mountain villages to Lohajung. Once you reach Lohajung, you can freshen up at the guesthouse and in the evening explore the settlement. Sunset from Lohajung is quite impressive as we mentioned before. So you can enjoy a nice sunset here and also head to the local market if you want to buy yourself a souvenir from the trip. A piping hot dinner will be served at the guesthouse. Have a good night's sleep and we will drive back to Rishikesh tomorrow.





DAY 6

Returning To Rishikesh

Distance: 210 km

Drive Duration: 10 hours

After morning tea travel towards Rishikesh (breakfast and lunch one way)

Reach Rishikesh by 6:00 PM

Today we will drop you off at Rishikesh marking the end of the incredible trip. Having your final tea with the TTH team, we will head out towards Rishikesh. Rishikesh is 210 km away from Lohajung and it approximately takes 10 hours to drive back. You will reach Rishikesh by 6:00 pm. The time taken to reach Rishikesh may vary depending on the traffic and road conditions. We will drive along the same mountain roads back to Rishikesh. From here on you can book your journey onwards or spend a few more days sightseeing around Rishikesh, Dehradun & Mussoorie. These are great tourist destinations and will not disappoint you.

INCLUSIONS

- 1. Accommodation – Stay at a guest house/ homestay/ swiss tents/ dome tents during the trek as per the sharing pattern/occupancy opted.**
- 2. Meals – All meals from your arrival to departure from the base camp are included (Morning Tea, Breakfast, Lunch, Hi-Tea with Snacks, and Dinner). We provide simple, nutritious yet tasty vegetarian meals on all days of the trek.**
- 3. Permit/Charges – Cost of all trekking permits, forest & camping charges are included. Charges of the porters, helpers, mules, trekking leaders, and guides are included.**
- 4. Trekking equipment – High-quality tents, sleeping bags, ice axes, ropes, microspikes, gaiters, etc. as required are provided.**
- 5. Safety equipment – First aid medical kits, oxygen cylinders, etc. will be available at all campsites to deal with emergencies.**

6. Porters, Mules, and helpers shall accompany us during the trek to carry the common load such as gas cylinders, tents, sleeping bags, toilet tents, etc.

EXCLUSIONS

- 1. Anything not specified in the Inclusions section**
- 2. Additional Meals unless specified**
- 3. Transport unless specified**
- 4. Air Fare / Train/ Bus Tickets**
- 5. Travel Insurance**
- 6. Additional expenditure and Extra Services if taken**
- 7. Any expense incurred or loss caused by reasons beyond our control such as bad weather, natural calamities(landslides, floods), flight delays /rescheduling/cancellations, any accidents/ medical evacuations, riots/strikes/war/pandemic, etc.**
- 8. GST(Goods & Service Tax) at the rate of 5%.**

FITNESS/ DIFFICULTY

A high altitude trek in the Himalayas requires substantial fitness. Your body needs to train itself to tolerate more work with lower levels of oxygen. Therefore, on treks, cardiovascular training is essential.

As a measure of your fitness, we require you to be able to run at least 5 km in 40 minutes by the time your trek starts. If you are 45 years or above, try to cover 5 km in 50 minutes. This is a minimum requirement.

If you prefer cycling over running, then try to cover 20 km in 60 minutes.

Unable to perform the same can make your trek difficult. Trekkers who have not adequately prepared might be asked not to continue the trek at any point.

The team of Himalayan Daredevils has the right to reject trekkers who do not meet our eligibility requirements at the base camp

Cancellation Policy

Life is unpredictable and we understand that sometimes you have to cancel or change your trip dates and it is our endeavor to make it as easy as possible for you. However, please understand that we plan everything including guide fees, permits, accommodation and ration in advance. Therefore, any cancellation means inconvenience and certain losses to the people involved in various stages of the programme. Keeping that in mind, our cancellation charges are as below -

Cancellations prior to 30 days from the start of the event: Get a monetary refund with 15% of cancellation charges.

Cancellations between 30 days and 15 days to the start of the event: 50 % refund as cash.

Cancellations less than 15 days to the start of the event: No refund.

Cancellations will be accepted only by email.

Note: The Himalayan Daredevil reserves the right to cancel a programme before departure in the event of logistical problems arising due to natural calamities, strikes, wars or any other circumstances that make the event inadvisable. In this case, we will refund 50% of the event fees.

Itinerary Changes & Trip delays:

We plan itineraries based on the information available at the time of planning and in rare circumstances, they are subject to change. In the event that the itinerary is changed or delayed due to unforeseen circumstances such as bad weather, transportation delays, government intervention, landslides etc., we will always aim to give you the best experience possible. However, The Himalayan Daredevils not be held responsible for the cost of delay or changes.

CONTACT US



+91-6398989097, 9557055210



www.himalayandaredevils.com



himalayandaredevils@gmail.com